

704.847.2022

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1258 Mann Drive, Ste 100
Matthews, NC 28105



Integrating Advanced Nutritional Science
with the Clinical Practice of Medicine

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with the Clinical Practice of Medicine

A Nutritional *and* Environmental Approach to Medicine



METAL TOXICOLOGY

Metal Toxicology has been utilized in the removal of heavy metals such as lead, arsenic and mercury since before WWI. Over the years it has been modified to increase efficacy and improve safety. Chelation need has grown due to the ever growing toxic environment in which we live.

Illness related to heavy metal toxicity:

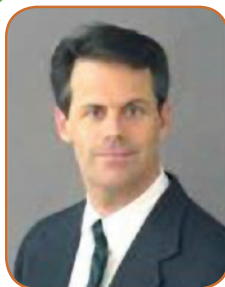
- Cardiovascular Disease
- Autism
- Cancer
- Fatigue
- Irritability
- Brain Fog

THERMOGRAPHY

If you're looking for an inexpensive screening tool to identify the cause of your pain or determine whether you should go forward with mammography, you may want to investigate thermography. This technique measures the variation in skin temperatures across the body which often may help you identify an area where trouble is brewing.

Please see our pamphlet – **Visualizing Your PAIN and BREAST HEALTH with Digital Infrared Thermal Imaging [D.I.T.I.]** for more detailed information about the benefits of Thermography.

DR. NEAL SPEIGHT



- University of North Carolina at Chapel Hill
- East Carolina School of Medicine
- Residency at University of South Carolina-Columbia
- Board certified in Family Medicine
- Member of the American Academy of Family Medicine
- American Academy of Environmental Medicine (AAEM)
- Vice President of the American College for the Advancement of Medicine (ACAM)
- Training in metal toxicology and integrative medicine. For five years he served as an assistant professor at Capitol University of Integrative Medicine in Washington, DC

For more information about the benefits
of our medical services, supplements, or
the preventive medicine we offer,
visit www.DrSpeight.com or call
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to make an appointment.
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Providing Medical Care as Unique as You Are

At the Center for Wellness, we want all those that entrusts us with their health care to feel unique and to reach their optimal quality of life. We seek an ever evolving solution to complex health disorders and optimize disease prevention through an ongoing dedication to researching the most innovative approaches to wellness. We provide each individual with respect, compassion and the confidentiality they deserve. Through 16 years of determined research and networking with nutritionists and physicians from all over the world, it is the goal of the Center for Wellness to provide advanced medical solutions of the highest caliber.

A cutting edge medical and integrative medicine practice in Charlotte, NC, we strive to help you achieve optimal health through a preventive, nutritional, and environmental approach to medicine. We will assess and treat you as a whole person and not simply an illness.

"We have become masters in the science of pharmaceutical interventions, but in the process have left the foundation of nutritional biochemistry and environmental influences on illness behind."

Our goal is to bring these two extremes into proper balance for the betterment of your health. We see and treat a large array of illnesses often helping those who could not be helped elsewhere. We also offer preventive medicine services from hormone replacement therapy to nutritional assessments. We hope to be of service to you soon.

HYPERBARIC OXYGEN THERAPY

Hyperbaric Oxygen Therapy also known as HBO is the use of oxygen under pressure to facilitate healing. It has typically been used in patients with diabetic foot wounds that won't heal and an illness often known as the "bends" in deep sea divers. In this case the divers come up too fast and the gases in the air they breathe come out of their blood stream in the form of bubbles causing the equivalent of a stroke in the nerve tissues among other places. By placing the divers into a chamber that places the oxygen they are breathing under pressure again, the oxygen can be "squeezed" back into the bloodstream lessening the damage it might do to the tissues while in bubble form.

New research is expanding the potential uses of hyperbaric oxygen therapy in the treatment of disease. Recent research in animals has shown that hyperbaric oxygen will stimulate the release of stem cells into the blood stream seven fold! This has tremendous implications for the healing of one's tissues. Additionally, hyperbaric oxygen stimulates the growth of new blood vessels in previously damaged tissues as well as lessening inflammation in others. This has tremendous implications for the treatment of stroke, traumatic brain injuries, cerebral palsy, dementia, and ulcerative colitis to name a few. To date, the consensus on the use of HBO in stroke is that larger controlled trials need to be performed, but the results in some cases have been promising.

Please see our pamphlet – **Hyperbaric Oxygen Therapy** for more detailed information on this cutting-edge therapy.

SPECIALTY LABORATORY

- DNA and Gene Studies
- Biochemical and Nutritional Assessments
- Bioidentical Hormone Assessments
- Allergy Testing
- Environmental Exposure Testing
- Intestinal Studies
- Chemical Sensitivity
- Heavy Metal Testing
- Chronic Illnesses assessments
- Lyme Disease

MEDICAL SERVICES

- | | |
|--|----------------------------------|
| Hyperbaric Oxygen Therapy | Class IV Healing Laser for Pain |
| Bioidentical Hormone Replacement Therapy | Metal Toxicology |
| Medical Testing | Anti-Aging Protocols |
| Thermography | Pharmaceutical Grade Supplements |
| Weight Investigation | |

HEALTH DISORDERS TREATED

- | | |
|----------------------|------------------------|
| Micotoxin Exposure | Parkinsons |
| Mold Exposure | Multiple Sclerosis |
| ADD/ADHD | Peripheral Neuropathy |
| Hepatitis | Depression |
| Insomnia | Bipolar Disorder |
| Rheumatoid Arthritis | Fibromyalgia |
| Allergies | Cardiovascular Disease |
| Asbergers | Cancer |